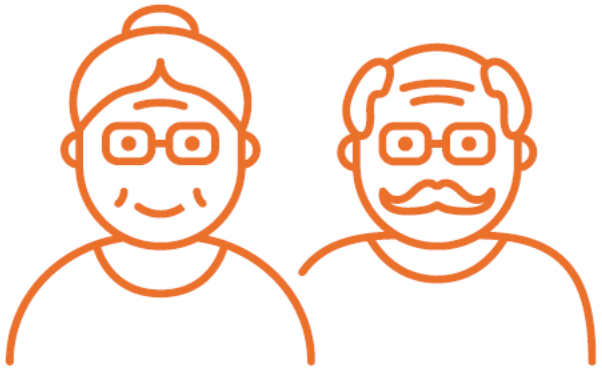
Fragility Fracture Network General Assembly 2025

4 October 2025

OUR VISION

A world where anybody who sustains a fragility fracture achieves the optimal recovery of independent function and quality of life, with no further fractures





OUR MISSION

To optimise globally the multidisciplinary management of the patient with a fragility fracture, including secondary prevention, guided by the four pillars of care from the FFN

Executive Committee 2024 – 2025

	Name	Discipline	Country
President	Karen Hertz	Nurse	UK
President-Elect	Takeshi Sawaguchi	Orthopaedic Surgeon	Japan
Past President	Frede Frihagen	Orthopaedic Surgeon	Norway
General Secretary	Jae Young Lim	Rehabilitation Physician	South Korea
Treasurer	JK Lee	Orthopaedic Surgeon	Malaysia
SciCom Chair	Katie Sheehan	Allied Health	UK
EduCom Chair	Monica Perracini	Allied Health	Brazil
RegCom Chair	Irewin Tabu	Orthopaedic Surgeon	Philippines
ComCom Chair	Alasdair Maclullich	Geriatrician	UK
Secretary-Elect	Ólöf Guðný Geirsdóttir	Clinical nutritionist	Iceland
Treasurer-Elect	Kassim Javaid	Physician	UK
SciCom Chair-Elect	Hui Min Khor	Geriatrician	Malaysia
EduCom Chair-Elect	Jack Bell	Dietician	Australia
RegCom Chair-Elect	Juan Carlos Viveros	Geriatrician	Mexico
ComCom Chair-Elect	Cristina Ojeda-Thies	Orthopaedic Surgeon	Spain

Elected Board Members 2024 – 2025

FFN
Fragility Fracture Network

Name	Country	Discipline	Appointed/Renewed	Expires
Paul Anderson	USA	Orthopaedic Surgeon	2024-R	2026
Jenny Thain	CAN	Geriatrician	2024-R	2026
Antony Johansen	UK	Geriatrician	2023-R	2025
Hidenori Arai	Japan	Geriatrician/Administrator	2023	2025
Eligio Razalan	Philippines	Nurse	2023	2025
Ronald Wong	Hong Kong	Orthopaedic Surgeon	2023	2025
Lene Solberg	**NOR**	**Orthopaedic Surgeon**	**2024**	**2026**
Marsha van Oostwaard	**Netherlands**	**Nurse**	**2024**	**2026**
Beatrix Wong Ling Ling	**Singapore**	**Geriatrician**	**2024**	**2026**
Lauren Beaupre	**CAN**	**Allied Health**	**2024**	**2026**

Co opted Board Members 2024 – 2025

Name	Country	Discipline	Representing
Emil Schemitsch	CAN	Orthopaedic Surgeon	OTA
Kristina Åkesson	Sweden	Orthopaedic Surgeon	IOF
Simon Mears	USA	Orthopaedic	GOSR
Christian Kammerlander	Austria	Orthopaedic	AOTrauma
Leocadio Rodriguez-Mañas	Spain	Geriatrician	IAGG
Jim Waddell	Canada	Orthopaedic	SICOT
Önder Aydingöz	Turkey	Orthopaedic	EFORT
Nathalie van der Velde	Netherlands	Geriatrician	EuGMS
Carmen Queiros	Portugal	Nursing	ICON
Julie Switzer	USA	Orthopaedic	IGFS
Maria Diehl	Argentina	Endocrinologist	RegCom - LA
Jay Magaziner	USA	Researcher	RegCom - NA
Carmelinda Ruggiero	Italy	Geriatrician	RegCom - EU
David Marsh	UK/EU	Orthopaedic	lifetime member

FFN's Growing Membership Base September 2025

Region	Allied Health Professional	Industry	Non-Surgical MD	Nurse	Other	Scientist	Surgeon	Unknown	Total
AFR	18	-	6	6	5	4	15	-	54
AP	561	13	1108	526	211	192	1177	370	4158
EU	781	63	1136	552	135	175	1062	111	4015
LA	265	1	772	62	58	44	1080	21	2303
MENA	11	-	9	14	3	2	7	145	191
NA	311	17	326	102	84	54	130	3	1027
Unknown	-	-	-	-	-	-	-	2411	2411
Total	1947	94	3357	1262	496	471	3471	3061	14159

Special Interest Groups (SIGs): Building Networks

Hip Fracture Audit	2370
Hip Fracture Recovery Research	2445
Perioperative	1587
Physiotherapy	1810
Secondary Prevention	2495
Vertebral Fragility Fracture	2049

STRATEGIC VISION 2022-2026

2022 — 2026

LEAD IN ORTHOGERIATRIC CARE

Advance the implementation of multidisciplinary orthogeriatric care* across the care continuum around the globe.

PROMOTE BEST PRACTICE FRAGILITY FRACTURE CARE

Promote the adoption of best practices for fragility fracture care supported by measurement, through local policy change (via national FFNs), supported by regional collaboration.

DEVELOP LEADERS

Develop leaders to advocate and sustain best practice fragility fracture care globally.

HARMONIZE GLOBAL EFFORTS

Harmonize the efforts of national and international organisations committed to multidisciplinary care for people with fragility fractures.

IMPROVE OUR ORGANISATIONAL EFFICIENCY

Create an internal management structure to improve internal and external communication and collaboration to promote the financial sustainability of the FFN.

2025 Work to Advance FFN Strategic Vision

- RegCom:
  - Focused on developing and supporting nFFNs
  - Developed Steering Commitees to improve communication and Activity

- EduCom
  - Building & disseminating tools educational resources to support professional development.
  - Developed Fundamental modules to support the development of those participating in the orthogeriatric certification

- SciCom/Special Interest Groups (SIGS)
  - Created a compelling Global Congress program
  - Oversaw the publications produced by FFN

Regional Efforts to Implement Change

Europe:

-Successful webinar about "Interdisciplinary Improvement in Orthogeriatrics" - more than 100 attendees

-Steering Committee has been formed

New FFN Sweden: Potential new FFNs; Bulgaria, Cyprus , Romania, Germany, Austria

Russia has reached out after a period of no communication

New FFN Zimbabwe

North America:

- In Canada, ongoing "Echo Program"
- Establishment of FFN Canada in alliance with Osteoporosis Canada
- MOU's : new approach which focuses on specific deliverables for a one-year period rather than long-term commitments

Regional Efforts to Implement Change

Latin America:

- Steering Committee: added 5 countries to support various activities
- New FFN Mexico is working in Alliance with AMMOM
- New potential FFN: Colombia, Honduras

Asia-Pacific:

- FFN Indonesia – introductory meeting consumated
- Steering committee (volunteers from National FFNs)

Educational Activities platform and modules

Teachable Platform

3 fundamental modules

- **Nutrition** : Advisory group meetings + 1 module (6 units) drafted
- **Delirium** 3 units
- **Early Mobilisation –** in progress

Operational Team

- All employees of FFN had Personal Development interview
- Roles were ratified to benefit the organization and to support professional development of the employees.
- Role description changed from executive assistant to Regional co-Ordinator- to support role development

Outreach and Partnerships

Organization	Activity June 2025
AO Trauma	Meeting July 23. Aligning education including online resources and AO Trauma app
WRA and Rehab 2030	Involved in all the WRA work groups
WHO (LTC, ICOPE, Aging)	Connected through Karen
International Association of Gerontology and Geriatrics	Planning to align education. IAGG AP intrested in an MOU and taken it to the global leadership.
International Collaboration of Orthopaedic Nursing	Contacted to confirm status of education so we can align
SICOT	Have been planning a meeting. They are very active with education for low income countries.
World Federation of Occupational Therapy	Sending out a newsletter about FFN to their membership so we ca get more active OTs
World Physio / International Association of Physiotherapists Working with Older People (ITOP)	Joint session at World Physio confrence in Tokyo.
Global Coalition on Bone Health	"Silvr Forum" meetign in Manchester. Identify city that we can promote through the newsletter who has a good strategy for older adults
Global Alliance for Musculoskeletal Health (G-Musc)	No activity
World Falls	Have an MOU to have a symposium at the Conference in Manchester
International Osteoporosis Foundation	Aligning the education (online and in person). Hosting webinars on Osteoporosis and Orthogeriatrics
American Society for Bone and Mineral Research	No activity

FFN leadership, through the Communication Committee, is strategically working to increase the reach of FFN through partnership working with allied organisations.

Communications

- Email campaigns sent to 14000+ members
  - ✓321 campaigns (Oct 24-Oct 25)
  - ✓Open Rate: 42.82%
  - ✓Click Rate: 1.46%
  - ✓Unsubscription Rate: 0.07%
- Facebook: 132k + views (Oct 24-Oct 25) & 56% increase in interactions
- X: 2.1K impressions on FFN posts only in the last 7 days!

FFN Webinars 2024-25

Region	Title	Registrations
AP	The multidisciplinary management of acute vertebral fragility fracture-22 March 2025	229 (24 countries)
LA - Brazil	Challenges in fixing osteoporotic bones –31 July 2025	56
LA - Colombia	Fracture coordination units-Falls in Latin America (in conjunction with Colombian Osteoporosis Association – ACOMM – 29 May 2025	86
SIG	Secondary fragility fracture prevention SIG | Live Q&A – 22 January 2025	245 (50 countries)
EU	Use of artificial intelligence in the FLS setting – 24 September 2025	257

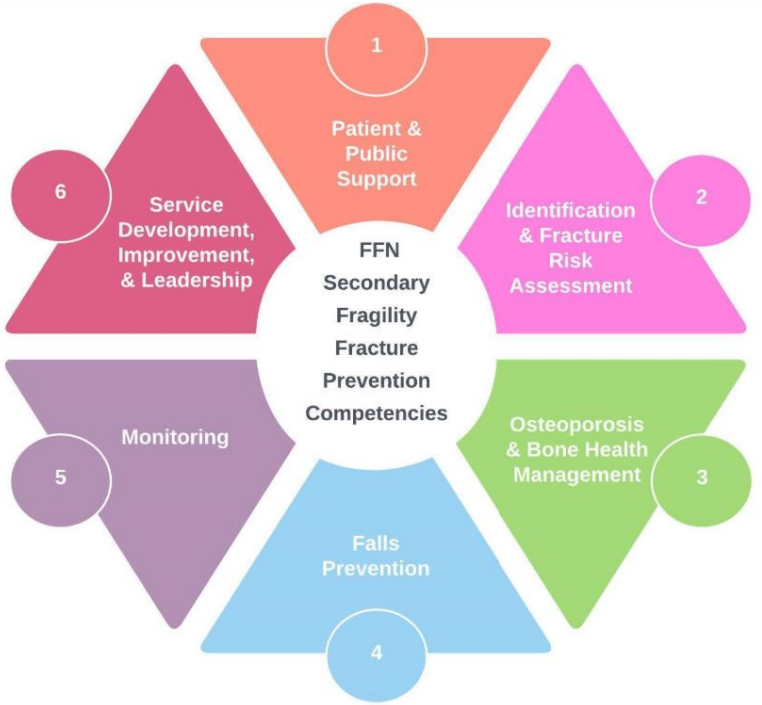
UPCOMING

EU	**Femoral periprosthetic fragility trauma**	**6 November**
LA - Argentina	**Argentina Registry and its impact | 30-day follow up strategy**	**27 November**

2025 Activities

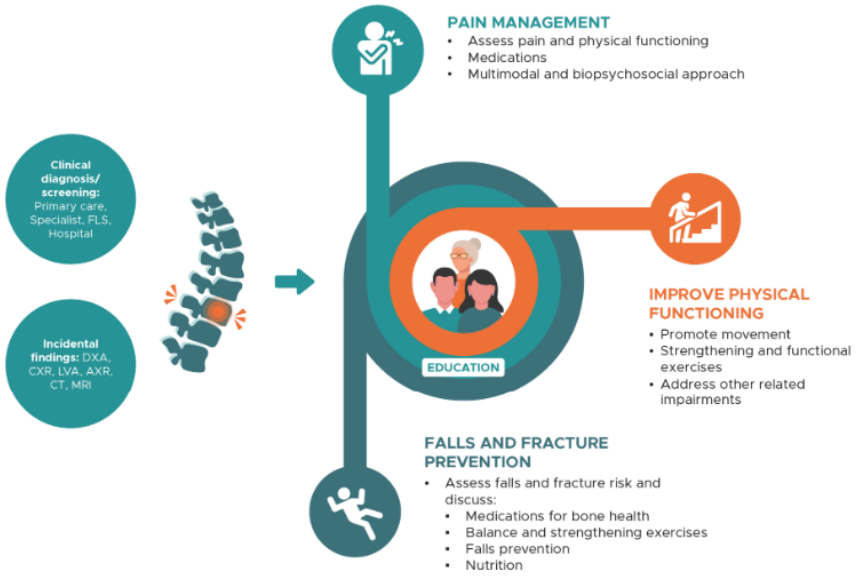
Project Update

- Secondary Fragility Fracture Prevention Competencies
  - Supporting health professionals to prevent secondary fractures
  - First phase completed
  - Bid proposal for the second phase is almost ready to submit

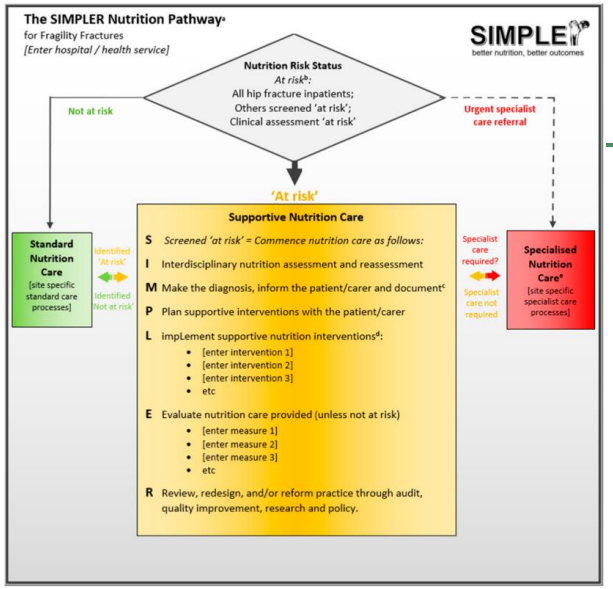


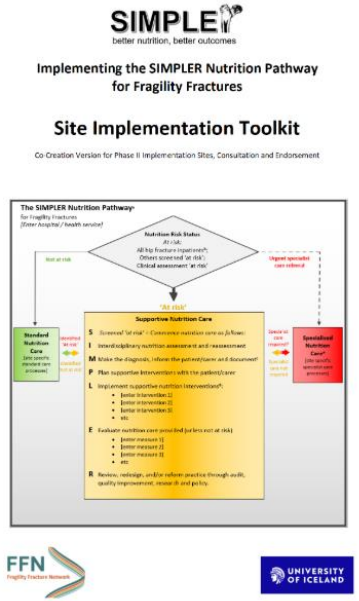
Project Update

- Vertebral Fracture standards
  - Model : developed and fits with communications and outreach strategy.
  - Next focus on education and management of vertebral fracture diagnosis using AI



Deliverables: Implementation of the updated SIMPLER Pathway (4 +16 Sites), toolkit resources, translated materials





The SIMPLER Steps

- Form the team(s)
- Set aims
- Test, choose and collect measures
- Select, test and implement changes
- Evaluate, sustain, spread, next steps

SIMPLE
better nutrition, better outcomes

The SIMPLER Six

- Avoided unnecessary fasting?
- Aware of nutrition risk status?
- Received nutrition information?
- Received high protein foods & fluids?
- Received oral nutritional supplements?
- Post-discharge nutrition plan?

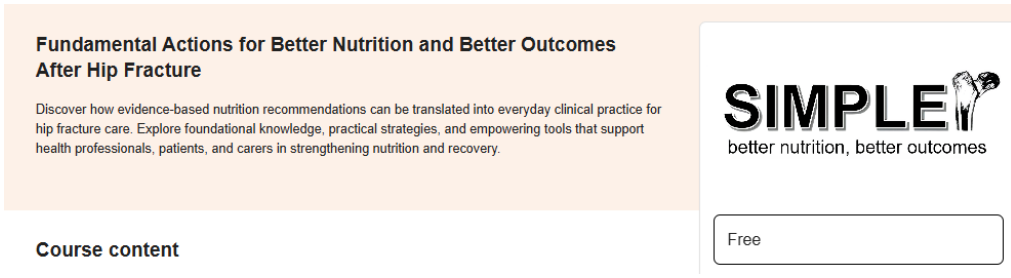
FFN
Fragility Fracture Network

SIMPLE
melhor nutrição, melhores resultados

Inquérito do Serviço sobre as SIMPLER Six

Download the SIMPLER QuickStart Guide in English

Download the SIMPLER QuickStart Guide in Portuguese



https://fragilityfracturenetwork.org/resources_list/simpler/



Orthogeriatric Certification

- Phase 2 Pilot:
  - June to Sept
  - Approx 6 – 8 sites with review
- Review/scoring process in late August/early Sept
  - Self-assessment, scoring and feedback
  - Report in Regional Session in Porto
- Mentors: Multidisciplinary with experience working in Orthogeriatrics in each regions for 2 tasks
  - Review the self-assessments to score and give feedback (max 2 hours work)
  - Mentor sites in areas where they have questions and need help to problem solve (1 hr meeting and 30 mins review/followup)
  - Volunteer position where the individual identifies the extent of the work they can take on
  - Multiple people offered already but continue to reaching out to FFN leadership and other involved with books and education projects

Global Congress 2025 overview

Registrations as of 28/09

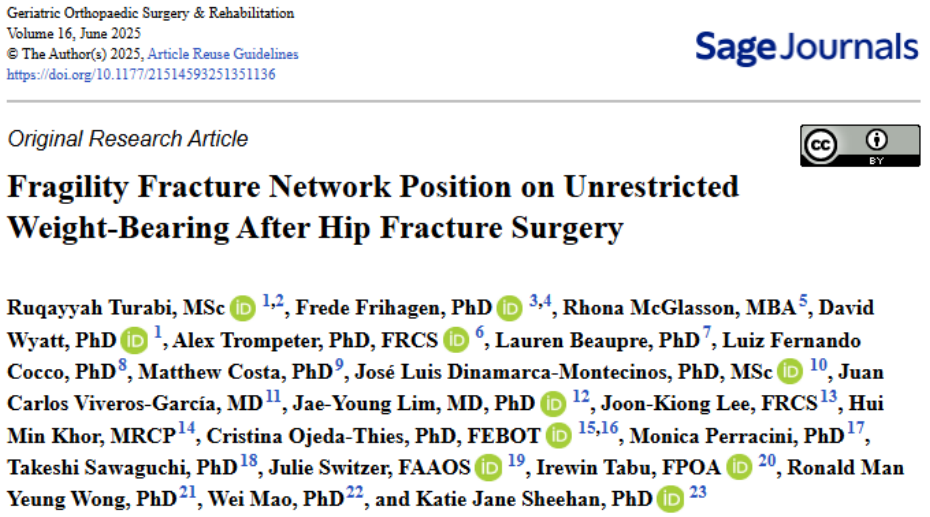
- **Main Congress** (Oct 2nd–4th): **619 (530 confirmed)**
  - Portugal 62 confirmed (84 total)
- Pre-Congress Day (Oct 1st, afternoon only): **225 (198 confirmed)**
  - Audit **36**
  - Nursing and recovery research **29**
  - Physiotherapy and vertebral fractures **40**
  - Secondary Fracture Prevention **113**
- Gala Dinner: **215**

Registrations by Profile

- **Physicians/Academics – Total: 296**
  - Group A countries: **248** (220 confirmed)
  - Group B countries: **48** (38 confirmed)
- **Other clinicians (non-physician) – Total: 199**
  - Group A countries: **186** (171 confirmed)
  - Group B countries: **13**
- **Students – Total: 53**
  - Group A countries: **35** (32 confirmed)
  - Group B countries: **18** (14 confirmed)

Scientific Committee 2025 (other activities)

- Development and approval of 'Publications Protocol' to provide structure for how to respond to requests for
  - FFN position publications [role in design, delivery and drafting]
  - FFN supported publications [role in design or drafting, and delivery]
  - FFN endorsed publications [no active role in design/drafting]
  - FFN requests to support journal special issues/collections etc.
- Position paper on weight-bearing



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https://doi.org/10.1177/21514593251351136

SageJournals

Original Research Article

Fragility Fracture Network Position on Unrestricted Weight-Bearing After Hip Fracture Surgery

Ruqayyah Turabi, MSc [1,2], Frede Frihagen, PhD [3,4], Rhona McGlasson, MBA [5], David Wyatt, PhD [1], Alex Trompeter, PhD, FRCS [6], Lauren Beaupre, PhD [7], Luiz Fernando Cocco, PhD [8], Matthew Costa, PhD [9], José Luis Dinamarca-Montecinos, PhD, MSc [10], Juan Carlos Viveros-García, MD [11], Jae-Young Lim, MD, PhD [12], Joon-Kiong Lee, FRCS [13], Hui Min Khor, MRCP [14], Cristina Ojeda-Thies, PhD, FEBOT [15,16], Monica Perracini, PhD [17], Takeshi Sawaguchi, PhD [18], Julie Switzer, FAAOS [19], Irewin Tabu, FPOA [20], Ronald Man Yeung Wong, PhD [21], Wei Mao, PhD [22], and Katie Jane Sheehan, PhD [23]

FFN
Fragility Fracture Network

UCB
Inspired by patients.
Driven by science.

NUTRICIA
LIFE-TRANSFORMING NUTRITION

Kyowa KIRIN

NANOX AI

P&G Health
La Ciencia del Cuidado Humano

STADA
PORTUGAL

SPRINGER NATURE

Elected Executive Committee 2025 – 26

Elected by voting

	Name	Discipline	Country
President	Takeshi Sawaguchi	Orthopaedic Surgeon	Japan
President-Elect	JK Lee	Orthopaedic Surgeon	Malaysia
Past President	Karen Hertz	Nurse	UK
General Secretary	Jae Young Lim	Rehabilitation Physician	South Korea
Treasurer	Kassim Javaid	Physician	UK
SciCom Chair	Hui Min Khor	Geriatrician	Malaysia
EduCom Chair	Jack Bell	Dietician	Australia
RegCom Chair	Juan Carlos Viveros	Geriatrician	Mexico
ComCom Chair	Cristina Ojeda-Thies	Orthopaedic Surgeon	Spain
Secretary-Elect	Ólöf Guðný Geirsdóttir	Clinical nutritionist	Iceland
Treasurer-Elect	Derrick Chen	Geriatrician	Taiwan
SciCom Chair-Elect	Ronald Wong	Orthopaedic Surgeon	Hong Kong
RegCom Chair-Elect	Carmelinda Ruggiero	Geriatrician	Italy
ComCom Chair-Elect	Beatrix Wong Ling Ling	Geriatrician	Singapore

Elected Board Members 2025 – 26

Elected or Re-elected by voting

Name	Discipline	Country	Appointed/Renewed	Expires
Paul Anderson	Orthopaedic Surgeon	USA	2024-R	2026
Jenny Thain	Geriatrician	CAN	2024-R	2026
Hidenori Arai	Geriatrician/Administrator	Japan	2025-R	2027
Eligio Razalan	Nurse	Philippines	2025-R	2027
Lene Solberg	Orthopaedic Surgeon	NOR	2024	2026
Marsha van Oostwaard	Nurse	Netherlands	2024	2026
Lauren Beaupre	Allied Health	CAN	2024	2026
Lingli Peng	Nurse	China	2025	2027
Muhammad Amin Chinoy	Orthopaedic Surgeon	Parkistan	2025	2027
Yonghan Cha	Orthopaedic Surgeon	South Korea	2025	2027

New Elected Board Members



Muhammad Amin Chinoy, MD
Orthopaedic Surgeon
Parkistan



Lingli Peng,
Nurse
China



Yonghan Cha, MD
Orthopaedic Surgeon
South Korea

AWARDS

Lauren Beaupre Global Congress Top Abstract Award



Maria Swennergren Hansen (Denmark, physiotherapist, finished her PhD in 2022) for her study titled 'an ethnographic study of basic mobility, physical activity, and exercise in patients following a hip fracture during acute hospitalisation'.

David Marsh Regionalization Award

FFN Malaysia's exemplary work includes:

- The establishment of a national hip fracture database involving 62 Ministry of Health hospitals
- The launch of the Geriatric FLS as a Ministry of Health National Policy
- Working for national approval of bisphosphonate use in primary health care.

Fragility Fracture Network of Malaysia

Rangkaian Fraktur Kerapuhan Malaysia

Lifetime Achievement Award
Dr Julie Santy-Tomlinson



Julie has a long history of working clinically in in orthopaedic and trauma nursing in both UK and South Africa

Most recently she worked as a Nurse Lecturer in Bradford, Hull and Manchester Universities.

Julie was also Editor of the International Journal of Orthopaedic and Trauma Nursing from 2009 to 2023.

She published her first article about Nursing and Fragility Hip Fracture in 1994. Since then, she has authored and co-authored numerous articles, books and chapters on topics relating to nursing, orthopaedic and trauma care, older people, and fragility fractures, Including co-editing both Fragility Fracture Nursing books facilitated by FFN.

Since 2016 she has and continues to be actively involved in the work of the Fragility Fracture Network. Where she has undertaken several roles, including a 2-year term as General Secretary. She currently supports the development and delivery of global education projects for nurses and other professionals working with patients with fragility fractures.

She continues to write and publish as well as facilitate the education of others, and is currently working on a biography of a 20th century orthopaedic nursing icon.