FFN
Fragility Fracture Network
Pakistan

2nd International Conference

THEME: FRACTURE LIAISON SERVICES FOR IMPROVING OUTCOMES IN FRAGILITY FRACTURES

13th - 14th Dec, 2025
Hotel Pearl Continental, Karachi

PRE-CONFERENCE WORKSHOP

International Society for Clinical Densitometry (ISCD) Orthopedic Osteoporosis and Densitometry Course

Saturday, 13th Dec, 2025

Mahnoor Hall (Ground Floor),
Hotel Pearl Continental,
Karachi Pakistan

Time: 16:30 - 20:30

Director: Arif Khan
Professor and Chair, Dept. of Orthopaedic and Spine Surgery, Life Care Hosp. & Research Center, Peshawar

Co-Director: Joon-Kiong Lee
Deputy Med. Director & Orthopaedic Surgeon, Beacon Hosp., PJ, Malaysia



HIGHLIGHTS

- Assessment and management of osteoporosis
- Pricniples of DXA scan
- Principle of frailty and bone fragility
- Case-based discussions

WHO CAN ATTEND

- Orthopaedic surgeons
- Family physicians
- Rheumatologists
- Endocrinologists
- Internal medicine physicians
- Trainees

Registration fee
Consultant: 5000
Trainees: 2000
Others: 1000

Email: ffnpakistan@gmail.com
Event Management
Events AA
More information call us
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From Assessment to Follow-up: Nurse's Toolkit for Effective Fracture Liaison Services.

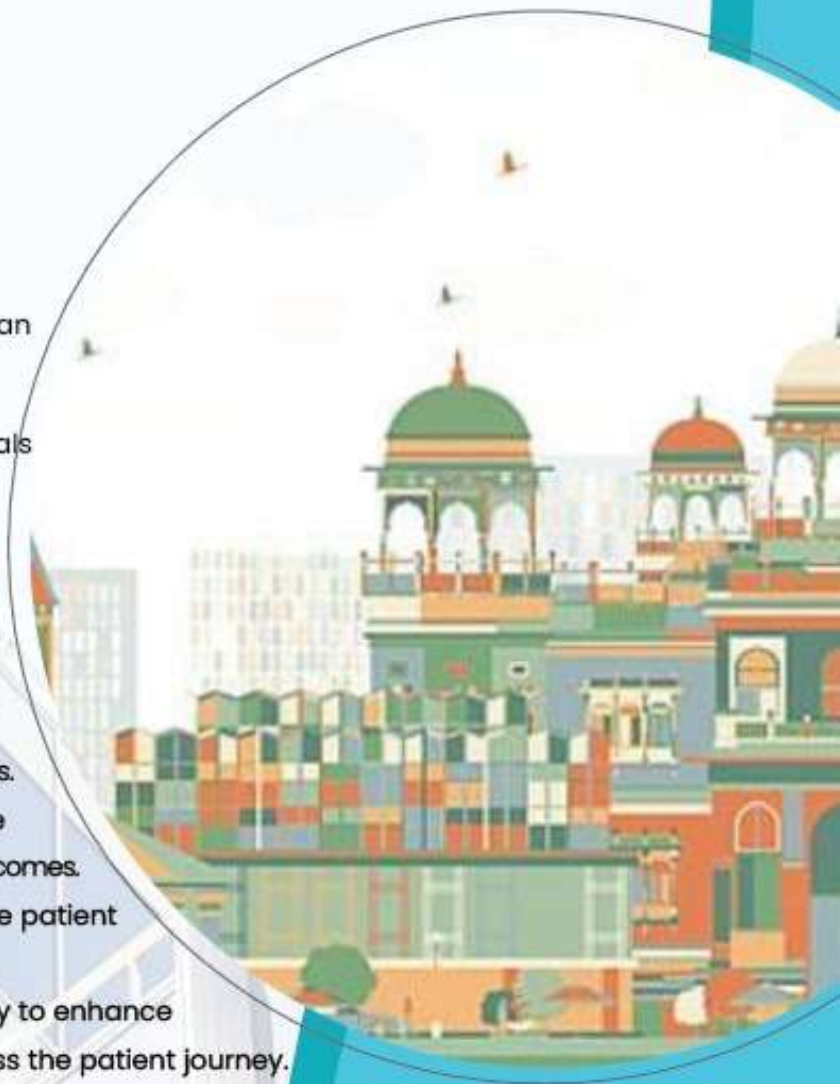
Saturday, 13th Dec, 2025

Kohinoor Hall (Ground Floor),
Hotel Pearl Continental,
Karachi Pakistan

Time: 14:00 - 17:00

Director: Khairunnissa Hooda
Chief Nursing Officer, Nursing Services, The Aga Khan University Hospitals, Vice President FFN, Pakistan

Co-Director: Amina Lakhani
Senior Nurse Manager, Department of Nursing Education Services, The Aga Khan University Hospitals



Learning Objectives

- Describe the key principles and systematic approach to fracture assessment and initial management.
- Demonstrate essential nursing interventions and safety measures in the care of patients with fractures.
- Explain the purpose, functions, and benefits of the Fracture Liaison Service (FLS) in improving fracture outcomes.
- Promote bone health awareness through effective patient education and preventive strategies.
- Develop a multidisciplinary fracture care pathway to enhance continuity, coordination, and quality of care across the patient journey.

WHO CAN ATTEND

- Nurses and Nursing Students
- Technicians
- Healthcare Assistant

Registration fee
Nurses: 1000
Nursing Students and Technicians: 700
Healthcare Assistant: 500

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Optimizing Analgesia in Fragility Fractures: The Role of Regional Anaesthesia and Nerve Blocks

Saturday, 13th Dec, 2025

Mahnoor Hall,
Hotel Pearl Continental,
Karachi Pakistan

Time: 13:00 - 16:00

Director: Faisal Shamim
Associate Professor, Dept of Anaesthesiology, AKU



HIGHLIGHTS

- Types of regional blocks
- Safety considerations
- Basics of musculoskeletal ultrasound
- Landmark technique
- Hands-on practical training on administering regional block

WHO CAN ATTEND

- Orthopaedic surgeons
- Anaesthesiologists
- Emergency room physicians
- Trainees

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PRE-CONFERENCE WORKSHOP

Integrating Fragility Fracture Risk Assessment, FRAX tool and Fracture Liaison Service. [Osteoporosis guideline]

Saturday, 13th Dec, 2025

Mahnoor Hall,
Hotel Pearl Continental,
Karachi Pakistan

Time: 09:00 - 12:00

Director: Rizwan Haroon Rashid
Consultant Orthopaedic Surgeon, AKUH

Co-Director: Lena Jafri
Visiting Faculty, Chemical Pathology, Dept. of Pathology and Lab. Medicine, AKUH



HIGHLIGHTS

- Pillars of Fragility Fracture care
- Fractrure Risk Assessment
- Fracture Liaison Service
- Specialized Nursing
- Physiotherapy and Nutrition

WHO CAN ATTEND

- Orthopaedic surgeons
- Physicians
- Trainees
- Nurses
- Physiotherapist
- Nutritionists
- Patient care coordinators

Registration fee
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PRE-CONFERENCE WORKSHOP

Evidence into Practice: The Leading Role of Nurse In Fracture Liaison Service Model of Care.

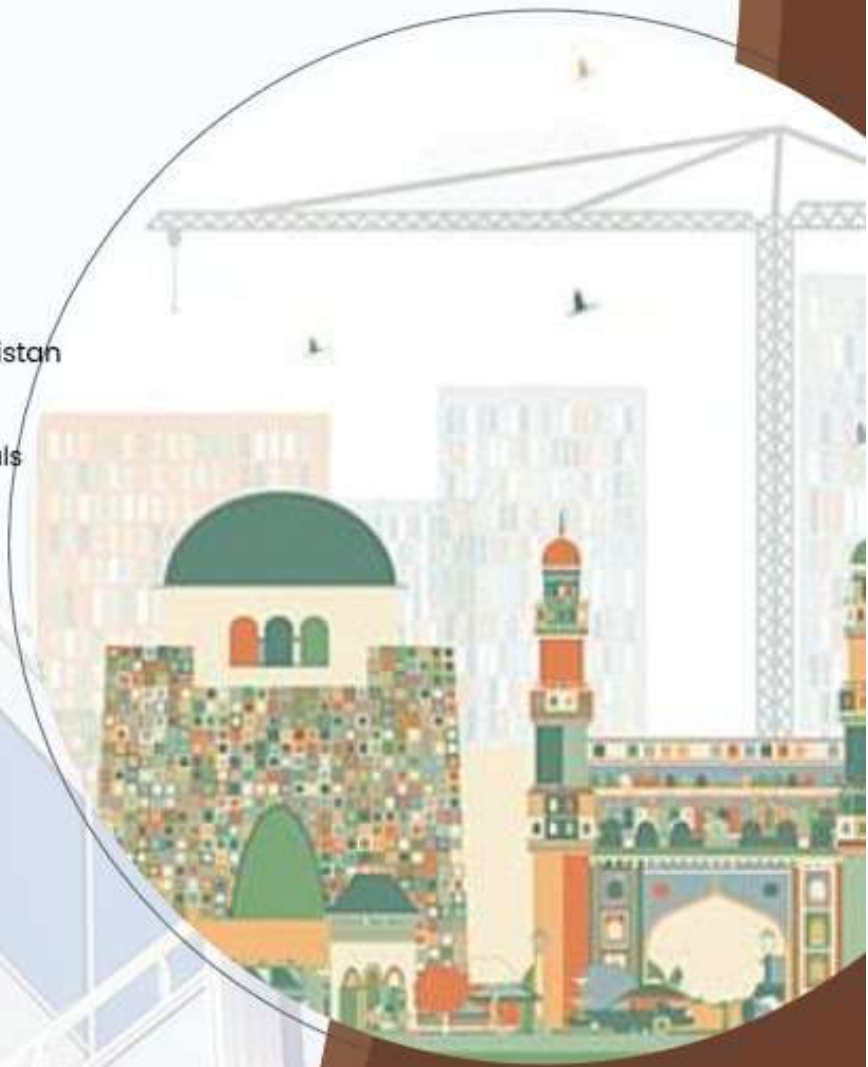
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Director: Khairunnissa Hooda
Chief Nursing Officer, Nursing Services, The Aga Khan University Hospitals, Vice President FFN, Pakistan

Co-Director: Amina Lakhani
Senior Nurse Manager, Department of Nursing Education Services, The Aga Khan University Hospitals



Learning Objectives

- Enhance understanding of the FLS model of care
- Define the nurse's leading role in secondary fracture prevention
- Promote interdisciplinary collaboration in fragility fracture management
- Build capacity for implementing FLS pathways

WHO CAN ATTEND

- Nurses and Nursing Students
- Technicians
- Healthcare Assistant

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