



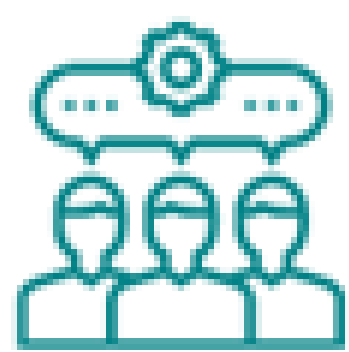
### Current Situation

- ✓ Established in 2022
- ✓ 17 members - health care professionals, managers, patients, carers, and a representative from Bulgarian Patients Association
- ✓ 2 annual meetings



### Challenges

- ✓ Lack of data on the rate of fragility fractures amongst older adults in Bulgaria
- ✓ Lack of data on the social, medical, and economic impact of fragility fractures in Bulgaria
- ✓ Lack of funding
- ✓ Lack of falls and osteoporosis prevention local and national strategies



### National Activities 2023

- ✓ Running falls awareness initiatives in primary care practices
- ✓ Engaging students and young doctors in falls awareness initiatives
- ✓ Establishing links with the Bulgarian League for the Prevention of Osteoporosis and the Bulgarian Medical Society of Osteoporosis



### Exemplar initiatives

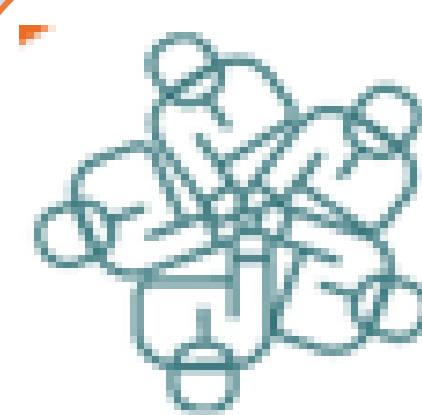
Running falls awareness initiatives in primary care practices:

- Assessing the risk of falls in older adults
- Assessing individual risk factors
- Applying simple preventative strategies
- Recording falls and fractures in electronic medical records



### 2024 Plans/ Areas of focus

- ✓ Raising awareness of the importance of recording falls and fractures in electronic medical records
- ✓ Collecting data on the social, medical, and economic impact of fragility fractures in Bulgaria
- ✓ Raising public awareness about the impact of the fragility fractures



### Partners

- ✓ Bulgarian General Practice Society for Research and Education
- ✓ Bulgarian Medical Society of Osteoporosis



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