



# STRATEGIC VISION 2021-2026

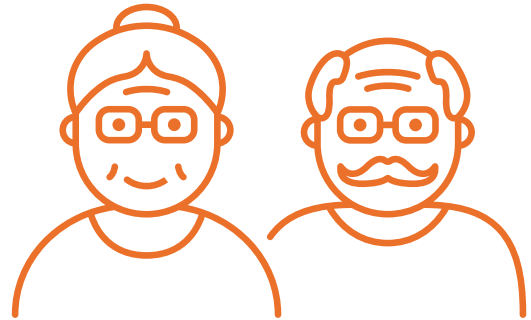
**FRAGILITY FRACTURE NETWORK**

The Fragility Fracture Network (FFN) has now reached its 10 year anniversary. Our first Strategic Plan covered the years 2017-2021 and we have achieved our objectives. The FFN is a global organisation, which was founded in order to create a multidisciplinary network of experts for improving the treatment and secondary prevention of fragility fractures. The FFN vision underlines this and is the foundation for all decisions taken.

## OUR VISION

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**A world where anybody who sustains a fragility fracture achieves the optimal recovery of independent function and quality of life, with no further fractures**



The FFN believes that useful policy change can only happen at a national level and multidisciplinary national coalitions are the most effective way to achieve this. Hence, the FFN acts as a global template for creating national alliances in as many countries as possible.

The FFN embraces all relevant disciplines. The term 'orthogeriatrics' is used widely within the FFN. The basic argument for an orthogeriatric approach is that many patients presenting with fragility fracture need the simultaneous application of the skillsets of orthopaedic surgery and geriatric medicine in an attempt to include all phases of post-fracture care, not just the immediate acute episode. These have come to be known as the three clinical 'pillars' of the Call to Action; the two additional elements are rehabilitation and secondary prevention. Due to the relative paucity of resources in general, and geriatric medicine in particular parts of the world the term 'orthogeriatric care' is defined as the most appropriate multidisciplinary clinicians within that location with the goal of providing the best coordinated care for older people with fragility fractures. Uniquely, FFN is a multidisciplinary organisation not bound by professional or political ties.

## OUR MISSION

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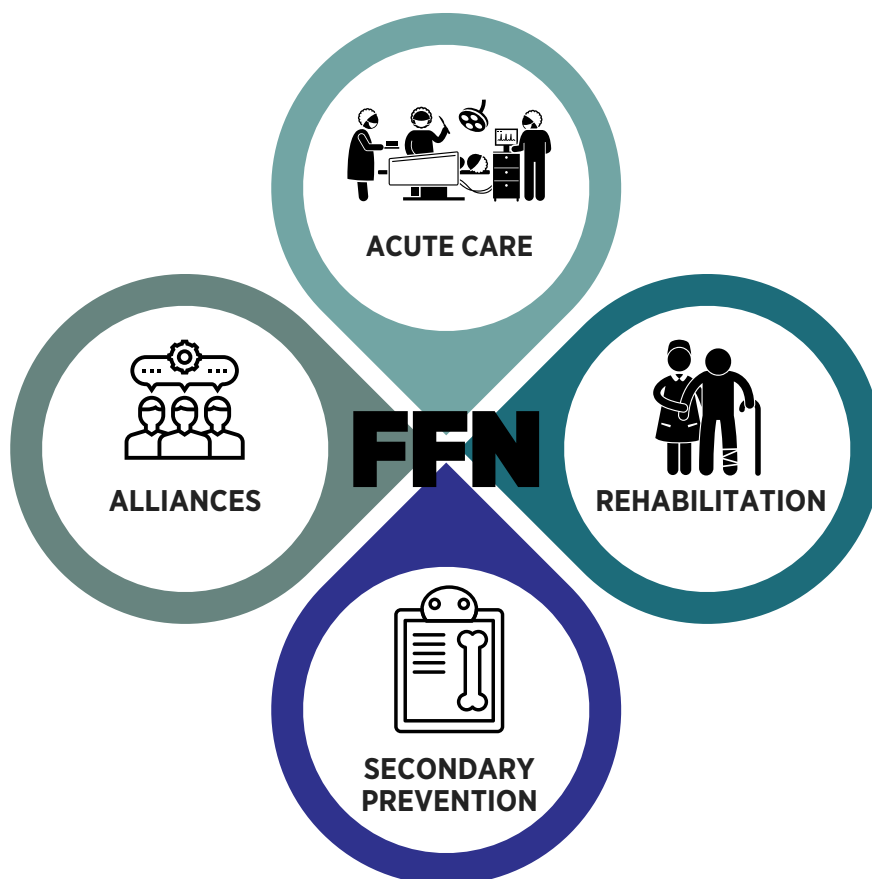


**To optimise globally the multidisciplinary management of the patient with a fragility fracture, including secondary prevention guided by the four pillars of care from the FFN**

# CALL TO ACTION

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The Call to Action (CtA) has been endorsed by 131 organisations to date and translated into multiple languages. The Pillars of the CtA are our continued aims and will be progressed in the next 5 years. The CtA can be implemented using the FFN Clinical Toolkit and Policy Toolkit Resources. These resources are available in multiple languages from the FFN Resource Centre.



## CALL TO ACTION USING THE FOUR PILLARS OF THE FFN

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Pillar I – acute care: Acute multidisciplinary care for the person who suffers a hip, clinical vertebral and other major fragility fracture

Pillar II – rehabilitation: Ongoing post-acute care of people whose ability to function is impaired by hip, clinical vertebral and major fragility fractures

Pillar III – secondary prevention: Rapid secondary prevention after first occurrence of all fragility fractures, including those in younger people as well as those in older persons, to prevent future fractures.

Pillar IV – alliances: Assembly of multidisciplinary national alliances to advocate policy change that supports implementation of clinical pillars I–III

# FFN COMMITTEES

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## EDUCATION COMMITTEE

Leading education, training and research and developing global resources and training programmes

## SCIENTIFIC COMMITTEE

Supporting Special Interest Groups (SIGs), developing high-quality meeting content & supporting global research

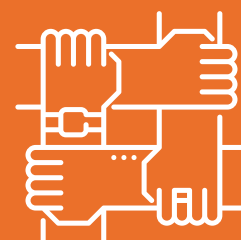


## REGIONALISATION COMMITTEE

Establish as many robust, sustainable national FFNs as possible, and coordinate their work through the Regionalisation Committee and the Programme Committees in each region, maintaining coherence with the vision and mission of the global FFN

## COMMUNICATIONS

Expanding the reach of the FFN globally through clinical, industry, and patient partnerships



# FFN SPECIAL INTEREST GROUPS

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**HIP FRACTURE AUDIT**



**HIP FRACTURE RECOVERY  
RESEARCH**



**SECONDARY FRAGILITY FRACTURE  
PREVENTION**



**PHYSICAL THERAPY**



**PERIOPERATIVE**



**VERTEBRAL FRAGILITY  
FRACTURE**

# KEY ACHIEVEMENTS 2017-2021

- Held successful, well attended annual Global Congress each year (except 2020)
- In 2020, Expert Meetings were held in each of the four regions: Asia-Pacific, Europe, Latin America, and North America. Almost 2000 attended
- New National FFNs in 20 countries
- 6 special Interest Groups (SIGS) established and functioning well with International Co-Chairs.

## OTHER KEY RESOURCES



Fragility Fracture Nursing-  
Open access  
<https://www.springer.com/gp/book/9783319766805>



Interdisciplinary Nutritional  
Management and Care of  
Older Adults- Open access  
[Interdisciplinary Nutritional  
Management and Care for  
Older Adults | SpringerLink](https://www.springer.com/gp/book/9783319766805)



Orthogeriatrics- Open access  
The Management of Older  
Patients with Fragility Fractures  
<https://link.springer.com/book/10.1007%2F978-3-030-48126-1>



FFN Policy Toolkit  
[https://www.fragilityfracturenetwork.org/wp-content/uploads/2020/10/FFN\\_PolicyToolkit\\_English\\_v1\\_web.pdf](https://www.fragilityfracturenetwork.org/wp-content/uploads/2020/10/FFN_PolicyToolkit_English_v1_web.pdf)



Hip Fracture Registry Toolbox  
[Hip Fracture Registry Toolbox -  
APFFA \(apffaalliance.org\)](https://www.apffa.org/apffa-registry-toolbox)



FFN Clinical Toolkit  
[https://www.fragilityfracturenetwork.org/wp-content/uploads/2020/10/FFNClinicalToolkit\\_English\\_v1\\_web.pdf](https://www.fragilityfracturenetwork.org/wp-content/uploads/2020/10/FFNClinicalToolkit_English_v1_web.pdf)

For more resources go to the **Resource Centre** on the FFN website  
**[www.fragilityfracturenetwork.org](http://www.fragilityfracturenetwork.org)**



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### FFN Clinical Toolkit and Policy Toolkit Resources

#### Generic Business Case Templates

- **Orthogeriatrics Services:** The Australian and New Zealand Hip Fracture Registry (ANZHFRR) has developed generic business case templates to support hospitals in Australia and New Zealand to participate in the ANZHFRR by implementation/development of an/the Orthogeriatrics Service. These templates could inform development of similar cases in other countries. FFN thanks the ANZHFRR for granting permission to link to these resources.
- **Fracture Liaison Services:** FFN has developed a generic business case template to

#### Downloads

The Global Call to Action is included in a peer-reviewed publication in the [journal Injury](#). Go to the following link to access the publication.

FFN has translated the Global Call to Action into the world's major languages:

- [Arabic](#)
- [Italian](#)
- [Chinese](#)

# OUR GOALS FOR THE NEXT 5 YEARS

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2022

## LEAD IN ORTHOGERIATRIC CARE

Advance the implementation of multidisciplinary Orthogeriatric care\* across the care continuum around the globe.

## PROMOTE BEST PRACTICE FRAGILITY FRACTURE CARE

Promote the adoption of best practices for fragility fracture care supported by measurement, through local policy change (via national FFNs), supported by regional collaboration.

## DEVELOP LEADERS

Develop leaders to advocate and sustain best practice fragility fracture care globally.

## HARMONIZE GLOBAL EFFORTS

Harmonize the efforts of national and international organisations committed to multidisciplinary care for people with fragility fractures.

2026

## IMPROVE OUR ORGANISATIONAL EFFICIENCY

Create an internal management structure to improve internal and external communication and collaboration to promote the financial sustainability of the FFN.

\* Orthogeriatric care is defined as the most appropriate multidisciplinary clinicians within that location with the goal of providing the best coordinated care for older people with fragility fractures.



# MEMBERSHIP

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The FFN has over 5000 global members, representing 102 countries and all continents. Our members are orthopaedic surgeons, geriatricians, physicians, endocrinologists, rheumatologists, emergency medicine doctors, anaesthetists, nurses, physiotherapists, allied health professionals, researchers, scientists and industry partners.

Join the global fragility fracture network for free and become a member of a global team of fragility fracture experts and carers.

<https://www.fragilityfracturenetwork.org/membership/>

