Welcome to Madrid

By Prof. Antonio Herrera, FFN Congress Chair

I would like to welcome all of the members of the FFN to Madrid, the city chosen to hold the 3rd Congress of the FFN. I also want to thank the FFN Board and its President Prof. David Marsh. With the trust placed in me as Congress Chair, I understand this is not a personal merit, but recognition to the work carried out by the Spanish Society of Osteoporotic Fractures (SEFRAOS). Over the past several years, I have served in this role and I was one of the original founders and President of this Society. I believe that the topics we will discuss in the 2014 Congress that were proposed by the FFN Scientific Committee are of high interest for all and facilitate continued multidisciplinary participation from everyone.

I also wish to thank all of the Spanish scientific societies related to the objectives of FFN many continued wishes of collaboration and support for our Congress that has seen successful participation from everyone. The Congress will be held from the 4th to 6th September 2014 and its headquarters will be in the Medicine School of the Autonomous University of Madrid, located on the north side of Madrid. It is easily accessible by Metro and is near to numerous hotels. In addition, I want to thank the Secretary General of the local committee, Prof. Enrique Gil-Garay for his efforts in the preparation of the Congress and to all other members of the local committee for their hard work and dedication. Lastly, I would also like to thank Prof. Karsten Dreinhofer for his help in the preparation of the Congress. We hope to continue with the experience that we all acquired in the previous meetings in Berlin which were a great success of organization and scientific quality. We hope to build on the participation we had in previous years in order to make an even more successful Congress this year in Madrid.

People agree that Madrid is a great city that has a lot to offer. For example, it has historical monuments, museums, beautiful parks, a large number of theaters, concert halls and all kinds of shows that a modern city has to offer. Madrid is also a city known from one of the best public transport networks in the world. Madrid is connected with all countries of the world through the Madrid-Barajas airport located 13km from Madrid and easily accessible by metro and train. Madrid also is connected with all other major cities of Spain by high speed train. It is a city worth discovering and enjoying and I hope that our days in Madrid are enjoyable for all participants.

All members of the local committee together with the board of FFN encourage everyone to participate in our 3rd Annual Congress and we hope it will be successful with a high scientific participation and attendance as everyone discovers the beautiful city in Madrid.

The President’s Message

By David Marsh, President

Momentum is already building towards a great 3rd Congress in Madrid; the Local Organising Committee and the Scientific Committee have been busy drafting a programme which will contain much that is new, as well as ensuring due prominence for the basic messages of the FFN. A new format is being adopted, which will ensure that each plenary session has expert contributors from several disciplines, affirming the essentially multidisciplinary nature of our work.

- In the peri-operative care theme, we will have a strong contribution from anaesthesiology as well as orthogeriatrics.
- In the surgery theme, we will have new material on pelvic and peri-prosthetic fractures and a fresh look at non-surgical management.
- In the rehabilitation theme, we will explore treatments for sarcopenia and take a very holistic view, with extensive input from nurses and physiotherapists.
- In the secondary prevention theme, we will focus on clinical systems emerging in SE Asia and explore the issue of atypical fractures.
- In the research theme, we will have state-of-the-art reviews of research in fracture biology, biomaterials, rehabilitation and vertebral fracture surgery.
- In the policy change theme, we will have health economics, strategies for advocacy (especially for our Spanish colleagues) and the power of hip fracture audit in driving up standards.

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With hip fracture now seen as the tracer condition for the global epidemic of fragility fractures, and with hip fracture registries – or audits, the terms for practical purposes being interchangeable – growing in numbers and effectiveness, the FFN saw quite early on the need for a Special Interest Group to promote the wider implementation of audit as a means of improving care. It is clear that hip fracture audit has made much progress over the last 25 years. Starting with Rikshoft in Sweden in 1988, and with developments following elsewhere in Europe and then further afield as a result of clinical enthusiasm and substantial advances in IT and communications, there are audits now established or emerging in the UK, Ireland, Australia and New Zealand, Canada and Hong Kong. The FFN Special Interest Group was set up by the FFN board in February 2013, with an interim steering committee tasked in the first instance to produce a Minimum Common Dataset. The aim was to develop a concise – and therefore easy and cheap way to complete – dataset which would nevertheless allow comparisons with more extensive and detailed datasets already in use. This proved fairly straightforward, since many of these datasets were derived largely from that of Rikshoft. The Minimum Common Dataset that resulted can be shown on one page of A4.

It should be clear that the main, indeed the only, purpose of hip fracture audit is to improve hip fracture care and secondary prevention. Happily there is now increasing evidence that this can be achieved. The UK National Hip Fracture Database (NHFD) was launched in 2007, alongside a jointly-sponsored Blue Book on the care of patients with fragility fracture, as a collaboration between the British Orthopaedic Association and the British Geriatrics Society. Since its launch the NHFD has documented more than 250,000 cases, and continues to grow at roughly 5000 cases per month. Care is audited against six clinical standards set out in the Blue Book, and the latest NHFD National Report – available now for downloading at www.nhfd.co.uk – again shows sustained improvements in care and outcomes.

Obviously not all hip fracture audits will be on such a scale, but the aim of the Special Interest Group (SIG) is the development of audit around the world, at national level where possible, at individual hospital level where appropriate, and with the clear intent of ensuring that – in order to maintain transparency and thus promote better care – such audits are broadly comparable. A first call for expressions of interest in joining the SIG attracted quite a large response, and in the light of further progress another invitation and questionnaire will go out shortly to all FFN members. Thereafter, SIG members will be invited to comment on the proposed Minimum Common Dataset; and, if they so wish, to submit any datasets they have in use already so that their compatibility with the MCD can be explored.

Early reaction to the Minimum Common Dataset has been broadly favourable. It was formally launched in a plenary session at the FFN’s 2nd Global Congress, and a subsequent Special Interest Group workshop session highlighted progress in audit work in British Columbia (Canada); Adelaide (Australia); and Hong Kong and Beijing (China). And the following week the work of the SIG and the experience of the UK NHFD featured prominently in a major meeting – the International Workshop-Symposium on Fragility Fracture Registries – Hong Kong, where work towards a comprehensive audit of the 6000 hip fractures occurring there each year is well in hand.

There is no doubt that hip fracture audit is already well on the way to becoming an international success story; and the Fragility Fracture Network – with its commitment to supporting the improvement of multidisciplinary fracture care – has the opportunity to promote the widest possible implementation of effective hip fracture audit as a means of making that happen. The next phase of the SIG’s work will certainly be challenging; but, we hope, rewarding too.
First National Orthopedic Nursing Congress  
12 & 13 October 2013

By Linda Hamouche, Chairman of the Congress, Nurse Manager Orthopedic Unit

Bellevue medical center in collaboration with the Lebanese Order of Nurses, hosted the First National Orthopedic Nursing Congress held on October 12th and 13th. We were honored to have Prof. Karsten Dreinhofer representing FFN and Dr. Ann Rose as guest speaker. The importance of this event is to highlight the multidisciplinary approach and introduce the highest standards of practice in lower limb surgery, spine and dorso-lumbar pain, highlighting the importance of multidisciplinary treatment of the fragility fracture.

This first of its kind congress in the Middle East gathered more than 130 participants from different universities and hospitals coming from many regions in Lebanon. Many healthcare professionals were interested to join but, due to limited venue space, the participation was restricted to a selection of 130 persons.

It was an opportunity for nurses to learn how to provide quality of care to orthopedic patients according to best practice and to improve their safety from both a physical and emotional angle.

While the main themes of the congress were: the multidisciplinary care in lower limb surgery, the advanced practice in spine surgery and the multidisciplinary approach in dorso-lumbar pain, national and international speakers shared their expertise in 17 sessions during the two day event.

In the first theme, the highlight was on the proximal femur fracture in the elderly and the importance of a multidisciplinary patient education, rehabilitation post total joint replacement, pain assessment, and the prevention of surgical site infection. This included, wound care in orthopaedic patients, and anterior cruciate ligament surgery recovery.

The second theme covered the vertebral compression fractures and the general aspect of nursing care in scoliosis.

The second day was a very interactive debate discussing the dorso-lumbar pain and its psychological and physical aspects before proceeding with the decision for surgery.

The congress concluded its activities by conducting two concurrent workshops: the multi professional teamwork and clinical reasoning in a core stabilization exercise program for low back pain while participants were actively involved with hands on and direct interaction with the presenters.

An evaluation, distributed to all participants, revealed a high level of satisfaction on all the topics and showed suggestions encouraging the development of more conferences of this kind.
3rd FFN Global Congress 2014
FFN – A Global Network to Improve Fragility Fracture Management and Prevention

4–6 September 2014 | Madrid, Spain

Congress Chair
Antonio Herrera, Saragossa, Spain

President FFN
David Marsh, UK

Venue
Universidad Autónoma de Madrid
Facultad de Medicina
Calle de Arzobispo Morcillo, No. 4
28046 Madrid, Spain

Scientific Organisation
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Main Topics
- Peri-operative management
- Fracture management
- Rehabilitation after fracture
- Prevention of new fractures
- Research in fragility fractures
- Changing policy

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Fragility Fracture Network
of the Bone and Joint Decade

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David Marsh, UK  

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Ghassan Maalouf, Lebanon  
Maria Crotty, Australia, FFN President elect  
Jay Magaziner, USA  
Ami Hommel, Sweden  
Lyn March, Australia  

### Local Organising Committee  
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Enrique Gil-Garay, University Autonomous of Madrid, LOC sec, Member of GEIOSECOT  
David Marsh, FFN President  
Hiroshi Hagino, FFN Board, Scientific Committee Chair  
Karsten Dreinhöfer, FFN Board, Past Congress Chair  
Finbarr Martin, FFN Board, Nominations Committee Chair, EUGMS  
Pedro Carpintero, SEFRAOS President  
Adolfo Diez-Perez, SEFRAOS, SEIOMM, IBMS, IOF  
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**3rd FFN Global Congress 2014**  
4–6 September 2014  
Madrid, Spain
Dear Colleagues,

Dear Ladies and Gentlemen,

FFN invites you to join the 3rd FFN Global Congress 2014 in Madrid, Spain from 4–6 September 2014. FFN was established in 2011 under the aegis of the Bone and Joint Decade. Its annual meeting is an international congress addressing the full pathway of care for fragility fracture patients. Its themes include perioperative care, surgical treatment, rehabilitation, secondary prevention, research and policy change.

The FFN Global Congress consists of invited international experts, plenary discussions, update sessions and free papers. The congress provides a unique platform to learn about new technical developments, state-of-the-art procedures and interaction with leading Orthopaedic Surgeons, Non-surgical MDs, Nurses and Nurse Practitioners, Scientists, and Allied Health Professionals.

We are looking forward to welcoming you in Madrid in September 2014!

Antonio Herrera  
Congress Chair

David Marsh  
President of the Fragility Fracture Network (FFN)

Abstract Submission

Deadline: 16 May 2014

The Scientific Committee invites authors to submit their abstracts for consideration and inclusion in the programme at www.ffn-congress.com. Please note only electronic submission will be accepted. Detailed instructions can be found on the congress homepage.

If you would like us to add you to the FFN mailing list, please e-mail ff-network@mci-group.com.